

Welcome to
299 RCSCC MACKENZIE



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About The Cadet Program

The Cadet Program provides opportunities for youth to gain valuable knowledge and skills that build confidence and help pave the way in a transition to adulthood. Cadets engage in varied and unique experiences, while developing competencies in leadership, citizenship, and physical and mental fitness.

The Cadet Program strives to offer Cadets a safe, welcoming, and supportive program environment where all feel respected, valued, included and able to achieve their full potential.

1. Invite all Canadian youth – The Cadet Programs are open to youth aged 12 to 18 that are Canadian citizens or are authorized to reside in Canada. Programs are inclusive and celebrate the rich diversity within Canadian society.
2. Instill Canadian Military Values – Cadet Program training, direction, decision making, and behaviour are guided by ethics and values of the Canadian military. Values include loyalty, integrity, courage, inclusion, excellence and accountability. Cadets embrace and embody these values.
3. Develop Citizenship, Leadership, and Fitness – The Cadet Program offers cadets opportunities to develop skills and knowledge that: enable them to positively contribute as leaders in Canadian society, instill a lifelong appreciation of health and fitness, and support successful transitions to adulthood.
4. Balance Safety and Challenge – The Cadet Program offers activities and events that are challenging and safe. Cadets and their parents/guardians can be confident that the adults leading the program are focused on the development of youth and invested in their health and welfare.
5. Leave a positive lifelong impact – Whether cadets stay with the program for many years or for just a few weeks, it is hoped that their experiences were impactful, educational and are regarded (or remembered) as positive.

Cadets are supervised, administered, and trained by Cadet Instructor Cadre officers and Civilian Instructors who have undertaken as their primary duty the safety, supervision, administration, and training of Cadets.

Letter from the CO

Welcome new and returning Mackenzie families. I am so excited for our 2025-2026 cadet year. We have many great activities planned to include our annual Corn Maze Meet and Greet, Halloween penny carnival, first aid for our Sr cadets, tour with our first responders/ community members, and multiple joint corps activities.

We continue to build our cadets to be the amazing leaders they are with the focus the Canadian Cadet Organization of cadets leading cadets. You can expect to witness our amazing senior cadets instructing and leading the junior cadets through classes and activities scheduled throughout this training year.

This year you will also see some new faces alongside the returning faces of our command team. If you have a moment, take the time to introduce yourselves.

If you have any questions regarding 2025-2026 please do not hesitate to send an email to our general email 299sea@cadets.gc.ca or to me personally at jamie.Rupert@cadets.gc.ca. I look forward to interacting with both you and your cadet(s) this training year.

Lt(N) Jamie Rupert, CD

Commanding Officer

299 RCSCC MACKENZIE

Contact Information

Address: 5008 51 Ave Stony Plain, Alberta T7Z 1C2

Office Phone Number: (780) 963-0843

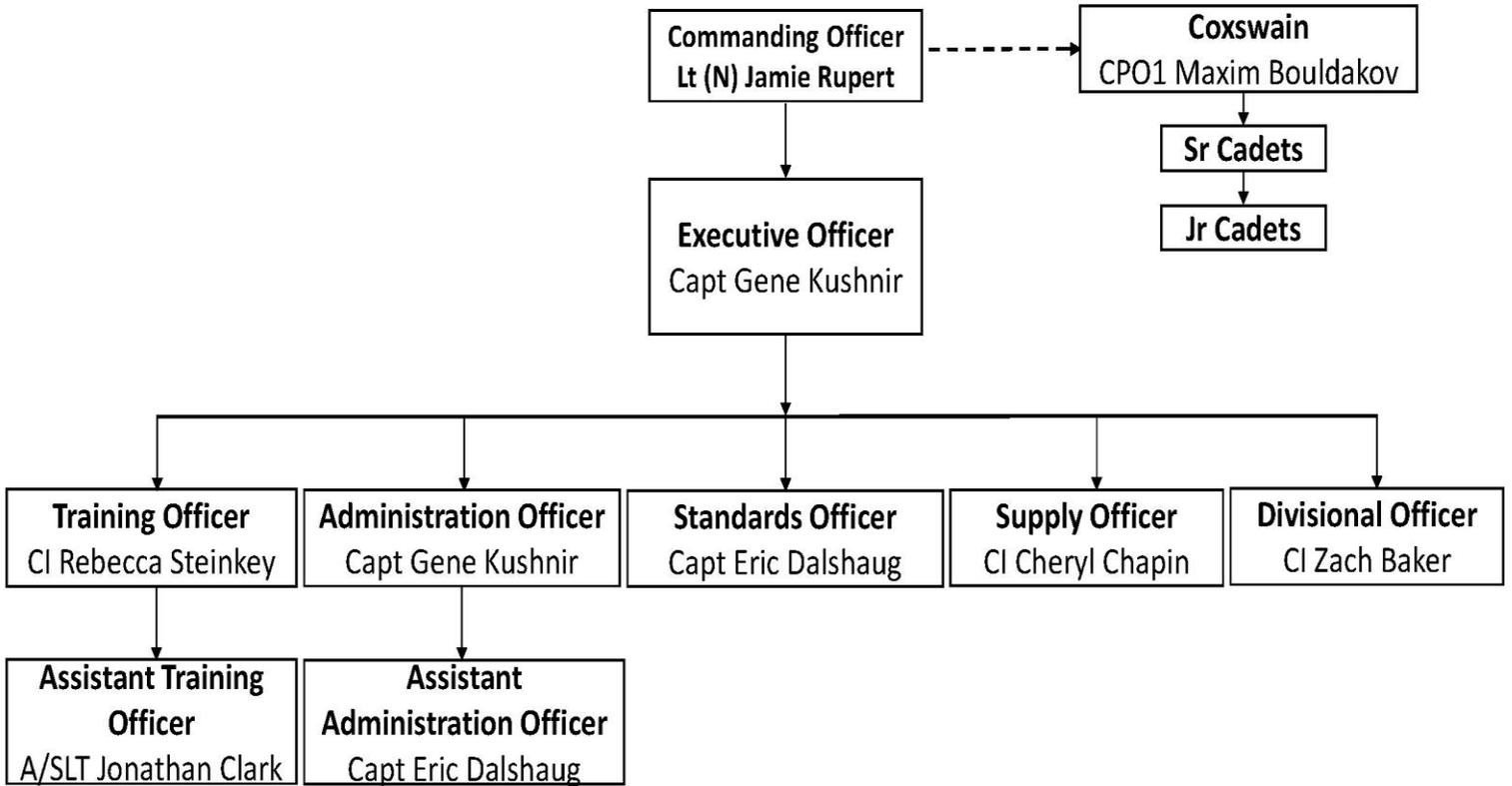
299 Email: 299sea@cadets.gc.ca

Website: <https://www.parklandcadets.com/about-sea-cadets/>

Facebook: <https://www.facebook.com/299RoyalCanadianSeaCadetCorpMackenzie/>

Instagram: [299 Stony Plain Sea Cadets \(@rcscmackenzie\)](#) • Instagram photos and videos

COMMAND TEAM



Commanding Officer

jamie.rupert@cadets.gc.ca

Executive Officer/ Admin Officer

gene.kushnir@cadets.gc.ca

Training Officer

rebecca.steinkey@cadets.gc.ca

Supply Officer

cheryl.chapin@cadets.gc.ca

Nightly Routine

Upstairs

1800 Officers
1815 Sr Cadets and duty Division arrive
1820 Parade Set Up
1830 Cadets arrive
1835 Ships company falls in, Attendance
1840 Inspection
1850 Ships Commanding Officer on parade
1855 Colours and March Past
1900 Period 1 Classes
1935 Period 2 Classes
2005 Stand Easy
2020 Period 3 Classes
2050 Secure
2055 Muster for Sunset
2100 Officers on Parade
2105 Sunset
2108 Announcements
2115 Liberty Boat
2130 Duty Division Liberty Boat

Downstairs

1800 Officers Arrive
1815 Sr Cadets and duty Division arrive
1820 Duty Colours
1830 Cadets arrive
1835 Ships company falls in, Attendance
1840 Inspection
1850 Divisional Check in
1905 Period 1 Classes
1940 Period 2 Classes
2010 Stand Easy
2025 Period 3 Classes
2050 Secure
2100 Muster for Sunset (Mass Division)
2105 Duty Sunset
2110 Announcements
2115 Liberty Boad
2130 Duty Division Liberty Boat

Training

The cadet program specializes in instructing youth ages 12-18. The aim of the Cadet Program is to develop in youth the attributes of good citizenship and leadership; promote physical fitness; and stimulate the interest of youth in the respective sea, land, and air activities of the Canadian Forces. In sea cadets, we participate in activities and traditions associated with The Royal Canadian Navy: sailing, nautical activities, naval communications, shipboard life, and tall ship training.

The cadets are broken into phases. Each phase consists of cadets within their own age group and receives mandatory instruction based on their skill level within the program.

- Basic Naval Communications
- CAF Familiarization Activities
- Citizenship
- Community Service
- Drill
- Fire the Cadet Air Rifle
- General Cadet Knowledge
- Nautical Activities
- Participate as a Member of a Team
- Physical Fitness
- Rope Work
- Sailing
- Seamanship
- Serve in a Naval Environment
- PHASE (Promoting Healthy and Safe Experiences)

Optional Corps Training

Cadets also have optional training in which they can participate in. These activities take place on alternate days during the week.

- Band
- Guard
- Drill Team
- Marksmanship

Additional Opportunities

Throughout the year cadets have additional opportunities which are not required.

- Cadet Summer Training
- Tall Ship Deployment
- International Exchange
- Advanced Music Leadership Weekend
- Music Clinic
- Music Level Testing
- Marksmanship Competition
- National Regatta
- Pleasure Craft Operator License
- Radio License

Events Calendar

Events/dates are subject to change

3 Sept 2025	Registration Night
12-14 Sept 2025	Sail Weekend
20 Sept 2025	Walk for Veterans
1 Oct 2025	Ceremonial Divisions
8 Oct 2025	Corn Maze
25 Oct 2025	Poppy Days
29 Oct 2025	Halloween Party
1 Nov 2025	Poppy Days
5 Nov 2025	Ceremonial Divisions
8 Nov 2025	Poppy Days
11 Nov 2025	Remembrance Day
<i>12 Nov 2025</i>	<i>Stand Down</i>
3 Dec 2025	Ceremonial Divisions
17 Dec 2025	Mess Dinner
<i>24 Dec 2025</i>	<i>Stand Down</i>
<i>30 Dec 2025</i>	<i>Stand Down</i>
7 Jan 2026	Board Game Night
10 Jan 2026	Sports Day
17 Jan 2026	Drill Clinic
4 Feb 2026	Ceremonial Divisions
27 Feb – 1 Mar 2026	SIDC Weekend
4 Mar 2026	Ceremonial Divisions
<i>1 Apr 2026</i>	<i>Stand Down</i>
8 Apr 2026	Ceremonial Divisions
10- 12 Apr 2026	Nautical Weekend
25 Apr 2026	Citizenship Day/ Park Clean-up
3 May 2026	Battle of Atlantic
6 May 2026	Ceremonial Divisions
31 May 2026	Biathlon Day
3 Jun 2026	Ceremonial Divisions
13 Jun 2026	ACR

Bold dates represent activities that are taking place on weekends

Uniforms

C1

- White top
- White dress shirt
- Tunic
- Tie
- Lanyard
- Medals
- Name tag
- Black pants
- Belt
- Parade boots

C3

- White top
- White dress shirt
- Tunic
- Tie
- Lanyard
- Ribbons
- Name tag
- Pants
- Belt
- Parade boots

C3A

- White top
- White dress shirt
- Tunic
- Lanyard
- Ribbons
- Name tag
- Pants
- Belt
- Parade boots

C3B

- White top
- White dress shirt
- Name tag
- Rank slip-ons
- Ribbons
- Pants
- Belt
- Parade boots

C3C

- White top
- Black t-shirt
- Pants
- Belt
- Parade boots

C5 (STUs)

- Ball cap
- Black t-shirt
- Blue shirt
- Name tag
- Rank slip-ons
- Black pants
- Belt
- Multi-Purpose Boots (parade boots may be worn in replacement if not issued)

C5A

- Ball cap
- Black t-shirt
- Black pants
- Belt
- Multi-Purpose Boots (parade boots may be worn in replacement if not issued)

Images of the uniforms can be found on the website listed below.

<https://www.canada.ca/en/department-national-defence/services/cadets-junior-canadian-rangers/cjcr-policy/cjcr-dress-instructions/chapter-6/annex-a.html>